

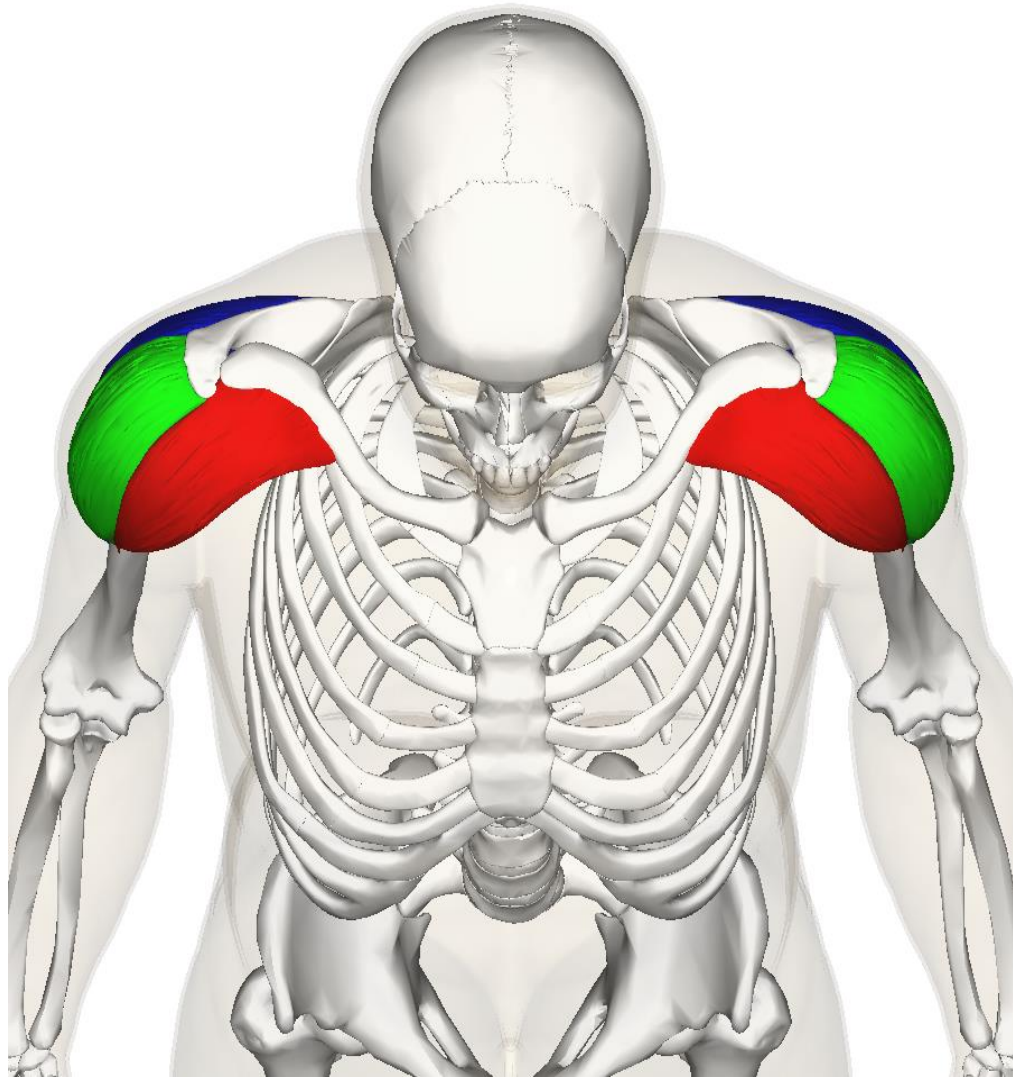
Trunk and neck

Sternocleidomastoid



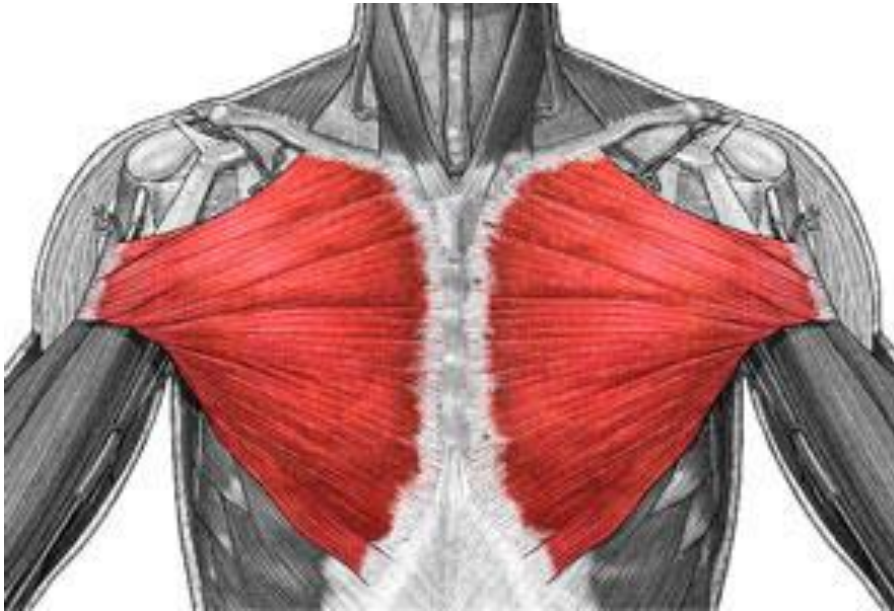
O-
I-
A-

Deltoid



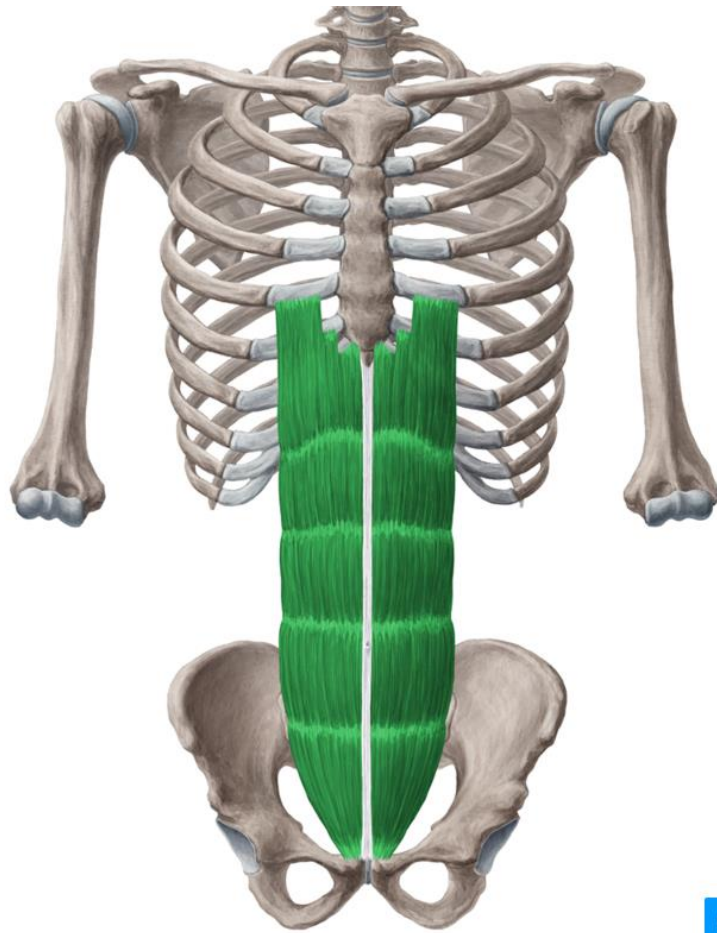
- **O**- Clavicle and scapula(acromion and adjacent scapular spine)
- **I**- Medial margin of shaft of humerus
- **A**- Adduction and flexion at shoulder

Pectoralis Major



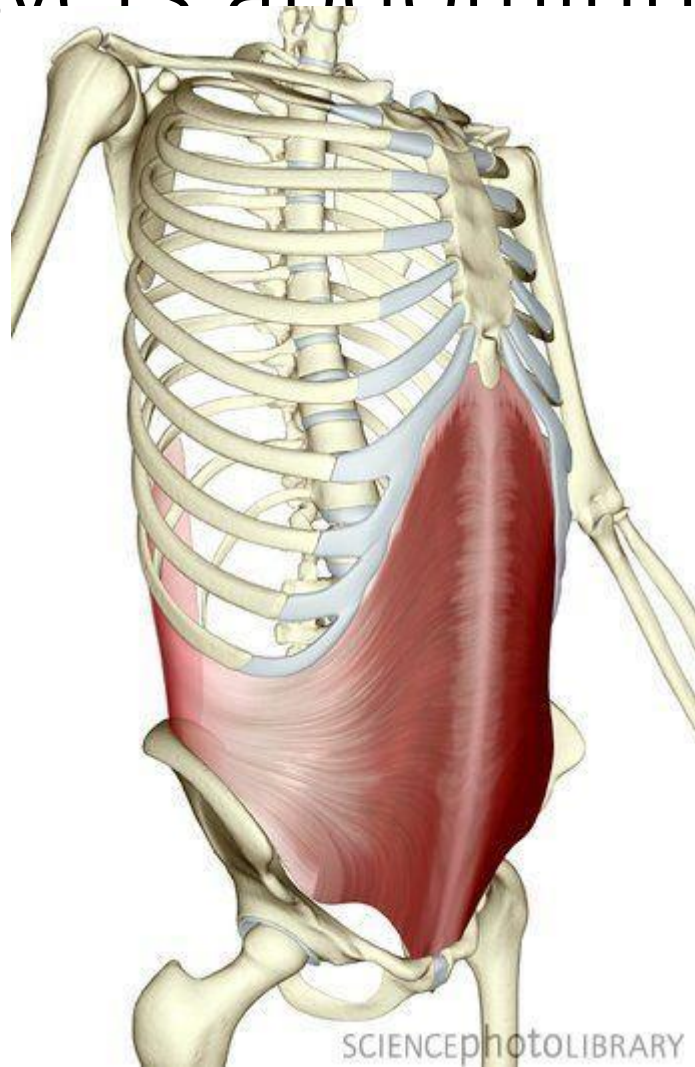
- O-
- I-
- A-

Rectus abdominus



- O-
- I-
- A-

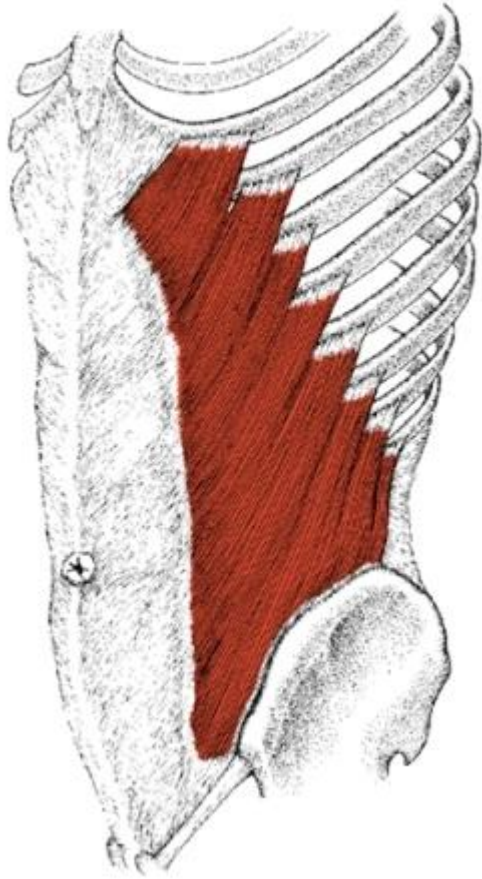
Transversus abdominis



- O-
- I-
- A-

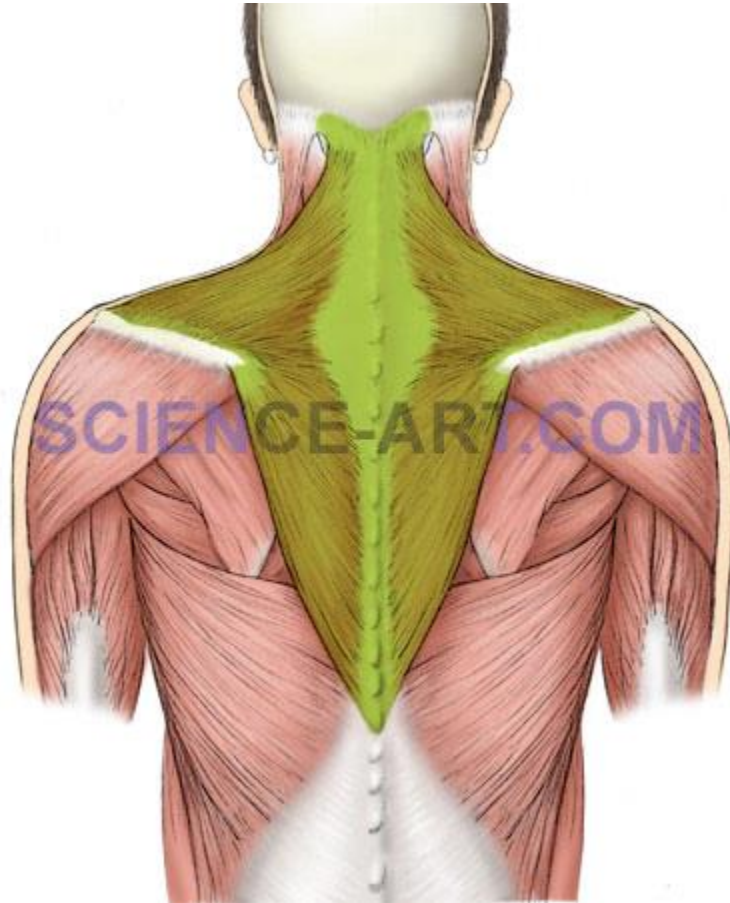
External oblique

External Obliques



- O-
- I-
- A-

Trapezius



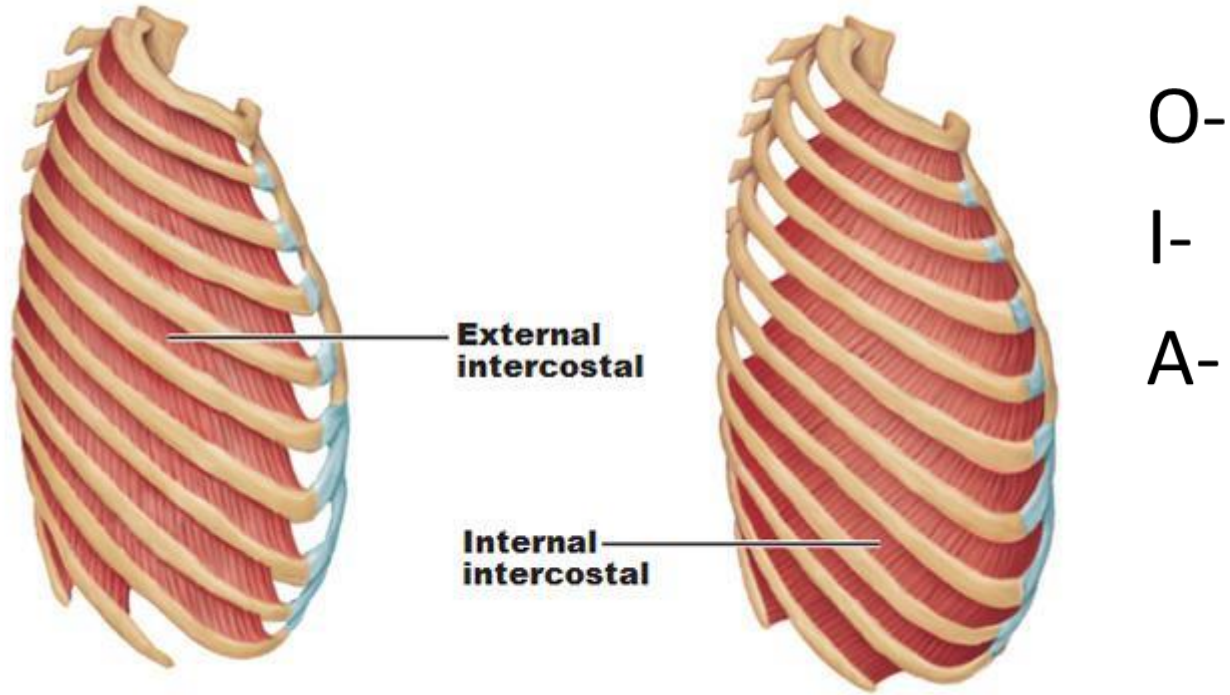
- O-
- I-
- A-

Lattissimus dorsi



- O-
- I-
- A-

intercostals



Diaphragm

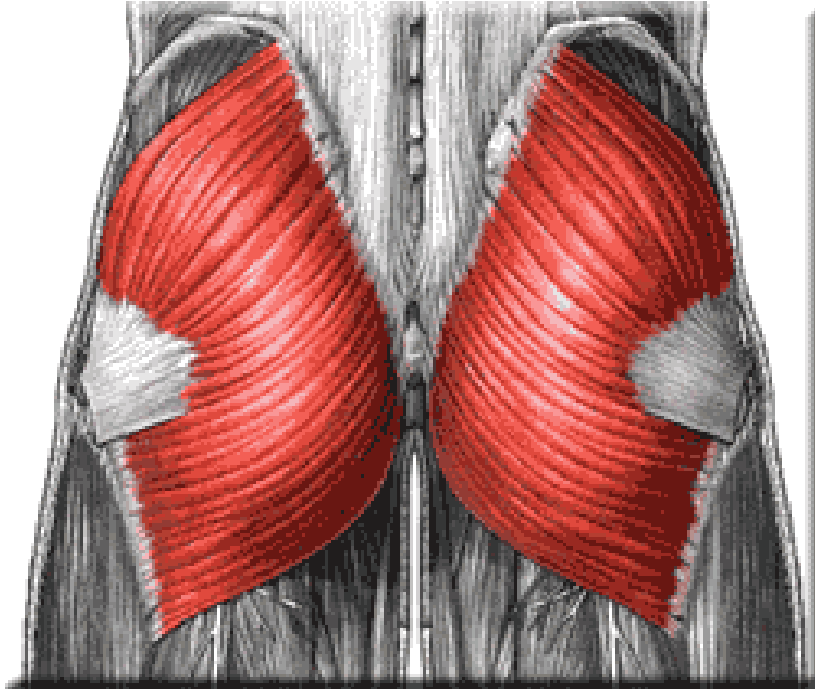


The diaphragm
is shaped
like a parachute



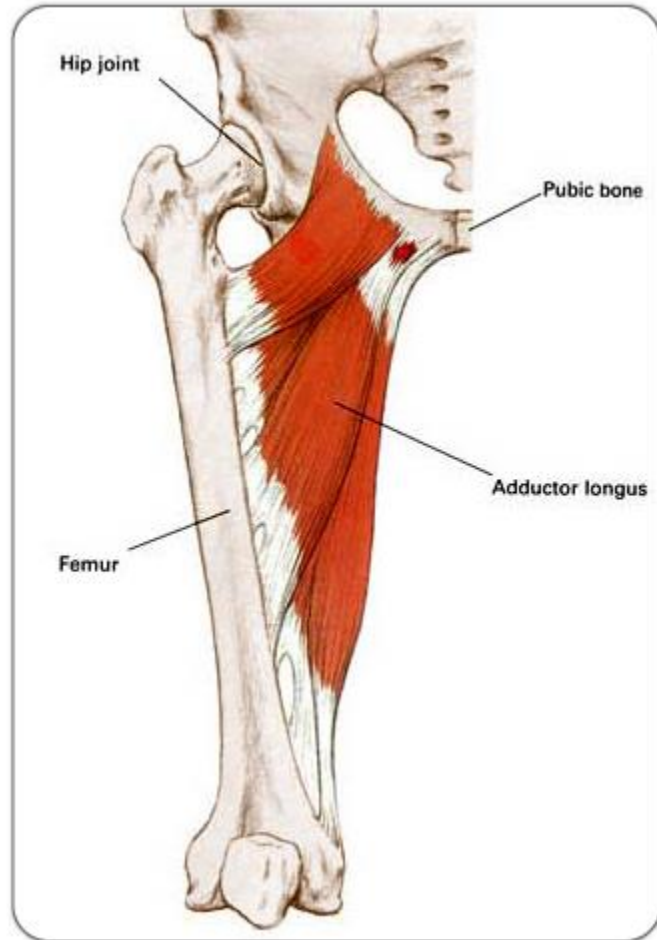
- O-
- I-
- A-

Gluteus Maximus



- O-
- I-
- A-

Adductors



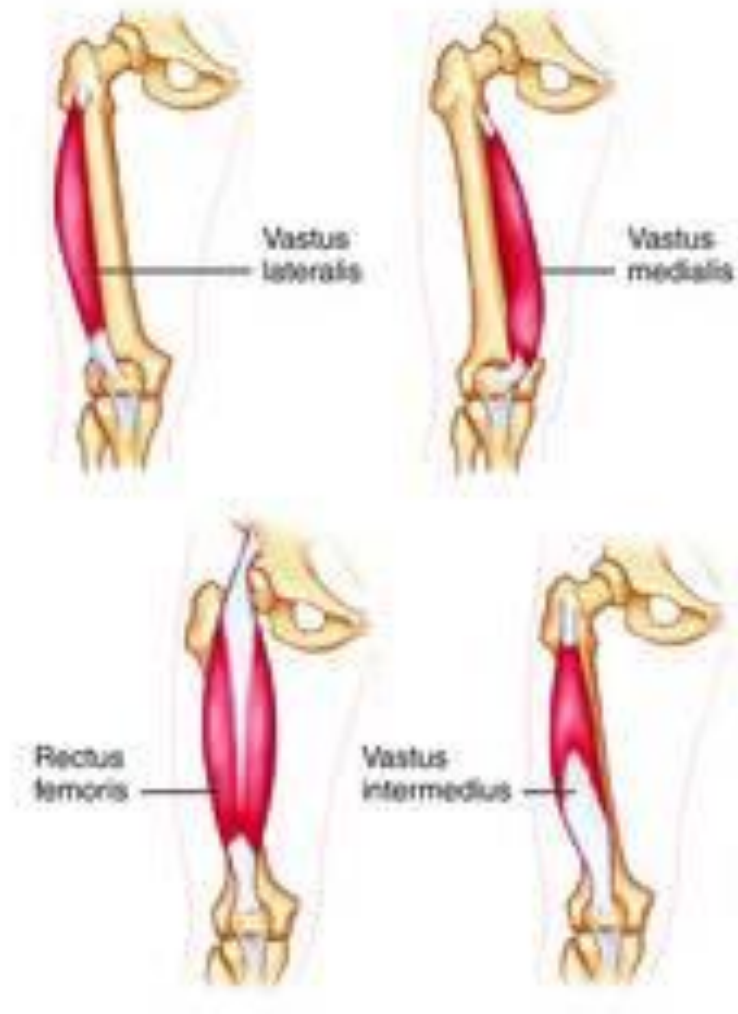
- O-
- I-
- A-

Sortorius



- O-
- I-
- A-

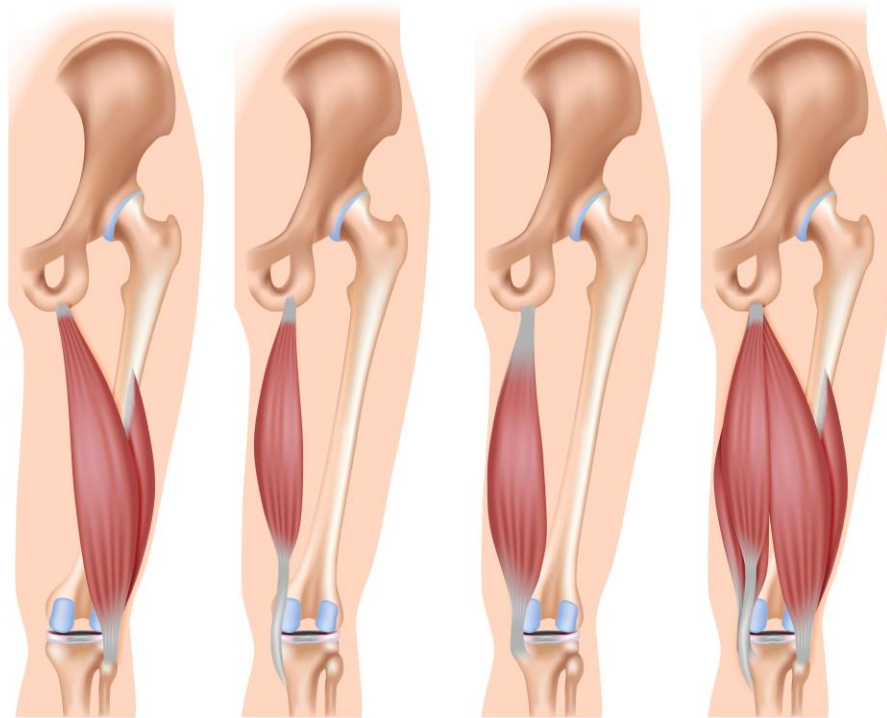
Quadriceps femoris



- O-
- I-
- A-

Hamstring

The Hamstring Group



Biceps femoris

Semitendinosus

Semimembranosus

- O-
- I-
- A-

Gastrocnemius



- O-
- I-
- A-

Soleus



- O-
- I-
- A-

Tibialis anterior

Anterior View



- O-
- I-
- A-

F. Netter